



What's  
New?

## NEW! Employee Assistance Program (EAP) for 2023

Effective January 1, 2023, Dunn Companies will offer an Employee Assistance Program (EAP) benefit. Your benefit includes 6 counseling sessions per year, which can be used for issues relating to marriage/family, stress, financial/legal, child/adolescent, eldercare and more.

**Eligibility:** All employees and dependent that are enrolled in a Dunn Companies' Medical Plan.

### THE EAP

The BHS Employee Assistance Program (EAP) is a professional service providing assessment, short-term counseling and referral to appropriate treatment providers or programs when needed. It is a company benefit, provided by your employer at no cost to you.

The BHS Network offers maximum freedom of choice within a national network of 100,000+ mental health providers .

Your EAP plan also includes access to a full service member website at [www.behavioralhealthsystems.com](http://www.behavioralhealthsystems.com) (Password: **DUNN**).

### TO ACCESS YOUR BENEFITS

Call **BHS** at **800-245-1150**. Your designated Care Coordinator will speak with you about your benefits and assist you with a referral. You may also visit [www.behavioralhealthsystems.com](http://www.behavioralhealthsystems.com) for more information.

### Your EAP can help with the following issues:

- Stress Management
- Personal Relationships
- Marital/Family Issues
- Parent-Child Conflict
- Grief & Loss
- Coping After a Tragedy
- Depression & Anxiety
- Work-Related Problems
- Alcohol & Drug Abuse
- ADD/ADHD
- Life Transition
- Eating Disorders
- Financial/Legal

### YOUR BENEFIT

There are never any claims to file and EAP visits are covered at 100%. Your use of the EAP is completely confidential. In addition to referral for assessment, counseling or medication management, your BHS Care Coordinator can assist you in determining the appropriateness and availability of community resources, such as support groups, that may be beneficial.