



 **EMPLOYEE ASSISTANCE PROGRAM SERVICES**

**The Dunn Construction and Dunn Roadbuilders Employee Assistance Program (EAP) is available to all employees and eligible dependents**

The EAP provides confidential assessment and short-term, professional counseling services for personal problems that interfere with everyday living. Services available to you include:

**Counseling Services**

**Up to six (6)** free face-to-face sessions provided for issues such as:

* Grief and loss
* Coping with change
* Marital/family issues
* Interpersonal relationship difficulties
* Stress-related problems
* Referrals to other professionals when necessary

**Personal Advantage**

Personal Advantage is work-life website that contains more than 20,000 articles and interactive resources for topics such as emotional well-being, family life, health, financial, legal, personal growth, and stress. Some popular items on the website include personal development trainings, downloadable will kits, financial calculators, and parenting articles.

Visit [**www.americanbehavioral.com**](http://www.americanbehavioral.com)and click on ***Member Login****.* To register, use company name ***DUNN*** *to* create your username and password.

**Work/Life Services**

* **Unlimited Telephonic Coaching:** scheduled telephonic sessions for non-clinical work/life issues such as grief, change, relationship issues, and stress.
* **Eldercare Support Services:** referrals for eldercare; resources and materials on retirement, housing concerns, grief and loss, disaster support, Medicare/Medicaid, and respite.
* **Legal Counseling Services:** a free, comprehensive legal consultation with access to a 25% discounted rate for future services. (These services do not apply to employment issues.)
* **Financial Counseling Services:** a free session with a certified financial professional with access to a 15% discount for future services and/or local community referrals to other financial advisement resources.
* **Community Support Resources:** access to referrals to thousands of community resources including 12-step groups, community mental health agencies, support groups, and more.
* **Online Services:** the American Behavioral website allows you to navigate services offered, locate a provider in your area, take surveys, and much more. Please visit [**www.americanbehavioral.com**](http://www.americanbehavioral.com)**.**